

Thirsty

THURSDAY

QUENCH YOUR THIRST FOR

KNOWLEDGE

Reflections of Hope

Suicide Prevention in the Construction Industry



Cal Beyer, CWP
SAFE Project



Kevin Hines
Filmmaker, Author
Mental Health Activist

NGA UPCOMING EVENTS

GlassBuild America: Dallas
Sept 30 – Oct 2, 2024

Glazing Executives Forum: Dallas
Sept 30, 2024

NGA Glass Conference: Carlsbad
Feb 3-6, 2025

BEC Conference: Las Vegas
Mar 2-4, 2025

**IT'S
DALLAS
HERE**

**THE BIGGEST GLASS
& FENESTRATION
EVENT OF THE YEAR**

GlassBuild
A M E R I C A



THE GLASS, WINDOW & DOOR EXPO

9.30 - 10.02

DALLAS, TEXAS

KAY BAILEY HUTCHISON
CONVENTION CENTER

GLASSBUILD.COM



WE TOOK THE NO SHAME PLEDGE!

We have committed to doing our part to stop the stigma surrounding addiction and mental health challenges by empowering others while encouraging care, treatment, and recovery.



Reflections of Hope

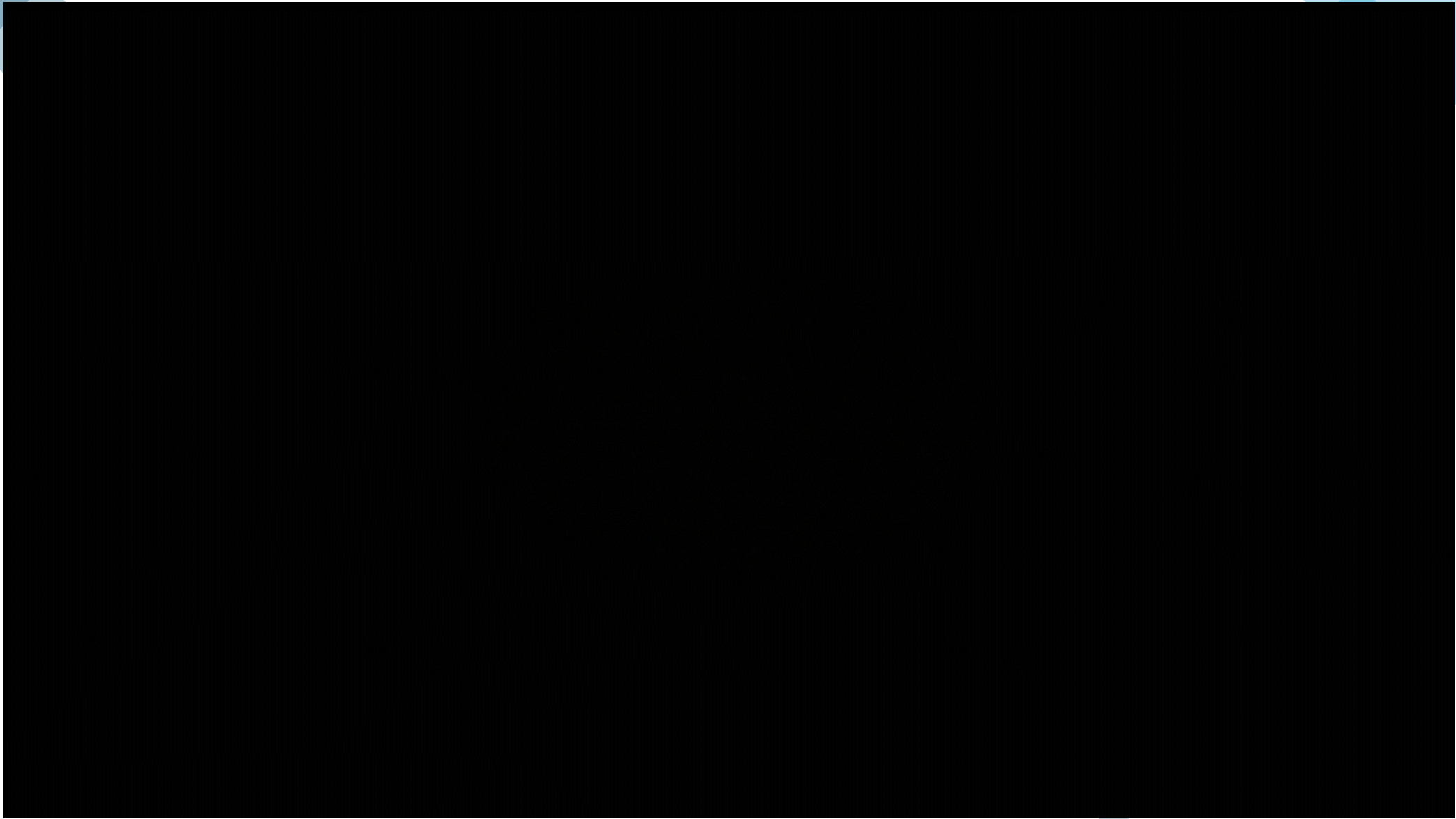
Suicide Prevention in the Construction Industry



Cal Beyer, CWP
SAFE Project



Kevin Hines
Filmmaker, Author
Mental Health Activist



Key Mental Health/Behavioral Health Data Points: Construction Industry

1

Anxiety & Depression

14.3% & 5.7% based on symptoms and prescriptions (CPWR, 2021)

2

Binge/Heavy Drinking

2nd highest rate at 16.5% (SAMHSA, 2015) and 24.2% in the past 24 months (CPWR)

3

Substance Use Disorders (SUD)

19% vs. 8.5% for all industries (NSC; 2020)

4

Musculoskeletal Disorders

34.1% workers with at least 1 MSD; multiple MSDs increases risk of opioids 3-4x (CPWR; 2021)

5

Suicide Rate

Extraction: 72 per 100k
Construction: 56 per 100k
males & 10.4 for females (CDC; 2023)

6

Drug Overdose Rate for 2020

Extraction & Construction: 162.6 per 100k
Construction: 130.9; Mining: 60.9 (CDC; 2023)

2 Construction Suicide Prevention Resources



www.preventconstructionsuicide.com



**CONSTRUCTION SUICIDE
PREVENTION WEEK**

September 9, 13, 2024

<https://constructionsuicideprevention.com/>

Public Safety Announcement for Suicide Prevention Month

A Life-Saving Initiative for the Construction Industry

mindly

This industry is built on strength, resilience, and teamwork. Yet, the suicide rates are among the highest in any profession. It's time to do something different. **Take action today.**

Every Life Matters.

One life lost is one too many. We're committed to ensuring every construction worker has the support they need - and that support looks different from person to person.



83% have experienced a mental health issue.



78% don't get help because of stigma & shame.



48% of construction workers don't know how to access care.

How Mindly Helps

Mindly's digital single session interventions are easy to implement via QR code placement on the job site to reach populations that wouldn't be otherwise reached.

Anonymity

Mindly's self-guided crisis interventions give evidence-based access to support to those who would never reach out otherwise.

Accessibility

Available 24/7, our intervention is there, in the critical moment of need, when someone is in crisis or when they suspect a co-worker is in crisis.

Scalability

Leveraging the power of technology, reach anyone with a simple link that can be embedded into your workflow and QR placements on the jobsite.

julia@thinkmindly.io

Book a call with us today to bring this life saving resource to your workforce.

Julia Belt; CEO & Co-Founder

Julia@thinkmindly.io

www.thinkmindly.io

Key Features

- Evidence-based practices based on “single session interventions” (research from Northwestern University) for self-guided crisis care
- Accessed by QR codes
- Available in real-time 24/7
- Easy to implement and scalable on job sites

@KEVINHINESSTORY





Kevin Hines Resources

Biosite



Dimly Lit Star
Children's Book

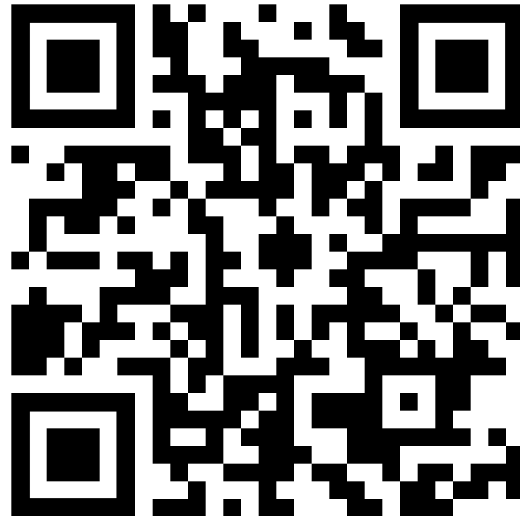


Industry Resources

Construction
Industry Alliance
for suicide prevention



Construction Suicide
Prevention Week



NGA Articles



Building a Recovery Safe Workplace



Cal Beyer, CWP
SAFE Workplaces



Dave Argus
Karas & Karas Glass

Tues, Oct 1 - 11:30 am
Main Stage





glass.org/webinars